

Eastern Illinois University

The Keep

January

2021

1-14-2021

Daily Eastern News: January 14, 2021

Eastern Illinois University

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Recommended Citation

Eastern Illinois University, "Daily Eastern News: January 14, 2021" (2021). *January*. 18.
https://thekeep.eiu.edu/den_2021_jan/18

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AP NEWS

Check out stories covering state and national news from the Associated Press.

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STANDINGS TAKING SHAPE

The OVC women's basketball standings are starting to take shape at this point in the season.

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THE DAILY EASTERN NEWS

Thursday, January 14, 2021

"TELL THE TRUTH AND DON'T BE AFRAID"

VOL. 105 | NO. 76

CELEBRATING A CENTURY OF COVERAGE

EST. 1915

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Eastern students share hobbies

By Kyara Morales-Rodriguez
Campus Reporter | @DEN_news

Every January, people across America recognize this month as National Hobby Month. During this time, especially with it being the start of the new year, people reflect on their favorite hobbies. Many also use this time to take on new hobbies they have been wanting to try for a while.

Here at Eastern, students enjoy many hobbies, using them to de-stress, learn something new or challenge themselves.

Ivy James, a sophomore exercise science student, is a very active person and enjoys playing soccer, swimming, hiking, cycling and playing the piano. Out of the many hobbies she enjoys, swimming is her favorite.

"Being in the water for me is one of the most calming and immeasurable sense of peace. Growing up on an island, swimming was one of the things I got to do on my own," James said. "The time alone helped me grow, learn new things about myself, and how to enjoy my own company."

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Heavy metal



Erin Rice, a metalsmithing professor, prepares copper annealing kits for her Metalsmithing 1 class in Doudna Fine Arts Center's studio Wednesday afternoon.

ZACH BERGER | THE DAILY EASTERN NEWS

CAA cancels meeting over lack of action items

By Corryn Brock
News Editor | @corryn_brock

The Council on Academic Affairs will not meet Thursday as originally scheduled due to a lack of action items.

Because of the cancellation, the first seven agenda items of the year will be moved to the next meeting on Jan. 21.

During that meeting the council will vote on a moratorium on course modality changes due to a memorandum from Provost Jay Gattrell:

"The purpose of this memorandum is to request the Council on Academic Affairs consider a limited moratorium on proposed course-based modality changes for the 2021 calendar year. The proposal is limited as requests that are necessary to support explicit degree requirements in 100% online programs, off site cohorts, or the BGS program would be exempted. However, all other requests to transition a traditional face-to-face course to online or hybrid requests would be postponed until January 1, 2022 with an approved implementation date after July 1, 2022.

Additionally, I am writing to inform you that the Office of Academic Affairs will review all online or hybrid course actions submitted to CAA in Fall 2020 to determine if implementation in a future term would be appropriate. Based on my review of CAA Fall 2020 agendas, I was able to identify a single course, REC1200. If there are other courses where modality changes occurred and/or a new course approval may have request online delivery, please advise."

One item that will be brought up at the next meeting is a name change for the General Studies

Program. The proposed change would result in the program being called Interdisciplinary Studies.

The reasons for the change are:

"Nationally, the General Studies name has been changed at major programs. Arizona State University was a national leader in changing their program name to Interdisciplinary Studies; programs across the country followed suit, including three of the five former Board of Governors programs in Illinois."

"Prospective students do not understand the

CAA, page 3

Deadline approaching for Student Gov. candidates

By Helena Edwards
Student Government Reporter | @DEN_news

Eastern's Student Government elections are underway for available senator positions for a 1-year term as applications can still be submitted via Mach Form by Jan. 15.

This form can be found linked on EIU Student Government social media, as well as the website under election information.

Reasons listed for becoming a senator include:

- Opportunity to get involved on campus.
- Grow leadership and organizational skills.
- A chance to become a part of the decision-making process as well as the decision itself.
- Opportunity to represent your community

and serve as a voice of the EIU Student Body.

• A chance to give back to your campus community.

• A great resume addition.

The time commitment for a senator holds 2 weekly office hours, meetings every Wednesday at 7pm on zoom, and 1 committee meeting every week.

A virtual meeting and orientation will be held for candidates on Jan. 18 and candidate video presentations will be due.

The candidate videos should be a one-minute video about the candidate's platform and sent to the Student Body President via Panthermail.

Following orientation until the Jan. 24 will be a campaigning period to get votes. Those running

can find a guide for petitioning and campaigning is also included on the Student Government website under election information.

The online voting period begins Jan. 25 and ends the following day.

The first virtual Student Government meeting of the semester is currently scheduled for Jan. 27 where results of the election will be announced.

If a person is elected, they will attend a mandatory orientation about the organization as a whole and will be given a choice to choose top 3 committees that they would want to be a part of.

After reading the applications, the speaker will assign people a committee where there is freedom to do things for the student body in that area.

Student Body President, Noor-ul Haash

Khamisani, describes her experience with Student Government as, "a process of personal growth with tons of fun opportunities. Student Government has molded me from a silent, shy Senator to a leader and the 2020-2021 Student Body President."

Those interested can contact the following people for questions: • Student Government Election Commissioner Chad Rosenblum at cerosenblum@eiu.edu, Student Government • Election Commission Member Blake Minor at baminor@eiu.edu • Student Body President Noor-ul-Haash Khamisani at nkhamisani@eiu.edu

Helena Edwards can be reached at 581-2812 or at heedwards@eiu.edu.

Local weather

TUESDAY

WEDNESDAY



PM Showers
High: 47°
Low: 31°



PM Snow
High: 37°
Low: 29°

THE DAILY EASTERN NEWS

"Tell the truth and don't be afraid."

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STATE AND NATION

THE ASSOCIATED PRESS

Trump impeached after Capitol riot in historic second charge

WASHINGTON (AP) — President Donald Trump was impeached by the U.S. House for a historic second time Wednesday, charged with "incitement of insurrection" over the deadly mob siege of the Capitol in a swift and stunning collapse of his final days in office.

With the Capitol secured by armed National Guard troops inside and out, the House voted 232-197 to impeach Trump. The proceedings moved at lightning speed, with lawmakers voting just one week after violent pro-Trump loyalists stormed the U.S. Capitol after the president's calls for them to "fight like hell" against the election results.

Ten Republicans fled Trump, join-

ing Democrats who said he needed to be held accountable and warned ominously of a "clear and present danger" if Congress should leave him unchecked before Democrat Joe Biden's inauguration Jan. 20.

Trump is the only U.S. president to be twice impeached. It was the most bipartisan presidential impeachment in modern times, more so than against Bill Clinton in 1998.

The Capitol insurrection stunned and angered lawmakers, who were sent scrambling for safety as the mob descended, and it revealed the fragility of the nation's history of peaceful transfers of power. The riot also forced a reckoning among some

Republicans, who have stood by Trump throughout his presidency and largely allowed him to spread false attacks against the integrity of the 2020 election.

House Speaker Nancy Pelosi invoked Abraham Lincoln and the Bible, imploring lawmakers to uphold their oath to defend the Constitution from all enemies, foreign "and domestic."

She said of Trump: "He must go, he is a clear and present danger to the nation that we all love."

Trump was first impeached by the House in 2019 over his dealings with Ukraine, but the Senate voted in 2020 acquit. He is the first to be impeached twice.

Mix of extremists who stormed Capitol isn't retreating

BOISE, Idaho (AP) — As rioters laid siege to the U.S. Capitol, the seat of American democracy became a melting pot of extremist groups: militia members, white supremacists, paramilitary organizations, anti-maskers and fanatical supporters of President Donald Trump, standing shoulder to shoulder in rage.

Experts say it was the culmination of years of increasing radicalization and partisanship, combined with a growing fascination with paramilitary groups and a global pandemic. And they warn that the armed insurrection that left five people dead and shook the country could be just the beginning.

Photographs and video of the Capitol siege showed people wearing attire with symbols associated with the anti-government Three Percenters movement and the Oath Keepers, a loosely organized group of right-wing extremists.

Many of those who stormed the Capitol were wearing clothes or holding signs adorned with symbols of the QAnon conspiracy theory, which centers on the baseless belief that Trump is waging a secret campaign against the "deep state" and a cabal of sex-trafficking cannibals. One of the intruders was wearing a "Camp Auschwitz" sweatshirt, a reference to the Nazi death camp.

Illinois replaces longest-serving legislative leader in country

SPRINGFIELD, Ill. (AP) — The Illinois House on Wednesday elected its first Black speaker to replace the longest-serving legislative leader in modern U.S. history, picking Democratic Rep. Emanuel "Chris" Welch for the job and pushing aside Michael Madigan after he was implicated in an ongoing bribery investigation.

Welch, an eight-year House veteran from the Chicago suburb of Hillside,

garnered 70 votes from the 118-member House just days after emerging as the front-runner alternative to Madigan, 78, who was first inaugurated as a House member a half-century ago.

Madigan has wielded the gavel for 36 of the past 38 years and had sought another term in his post despite 19 members of his caucus announcing their opposition in the past six months. But after coming up short in a Sunday caucus vote, Ma-

digian suspended his campaign, allowing lawmakers to consider others rather than force a potentially drawn-out floor fight that would paralyze all other business.

"It is time for new leadership in the House," Madigan said in a statement. "I wish all the best for Speaker-elect Welch as he begins a historic speakership. It is my sincere hope today that the caucus I leave to him and to all who will serve alongside him is stronger than when I began."

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About

The Daily Eastern News is produced by the students of Eastern Illinois University. It is published daily Monday through Friday, in Charleston, Ill., during fall and spring semesters and online during the summer term except during university vacations or examinations. One copy per day is free to students and faculty. Additional copies can be obtained for 50 cents each in the Student Publications Office in Buzzard Hall.

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If you would like to work for The Daily Eastern News as a reporter, photographer, columnist, cartoonist, copy editor, designer or videographer, please visit at the newsroom at 1811 Buzzard Hall.



Printed by Eastern Illinois University on soy ink and recycled paper.

Attention postmaster: Send address changes to:
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1802 Buzzard Hall
Eastern Illinois University
Charleston, IL 61920

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» HOBBIES
CONTINUED FROM PAGE 1

James said she loves taking on new hobbies because there are plenty of benefits to having them, one of which is stress management. Setting time aside for her hobbies allows James to destress. She said she hopes to take on some new hobbies, two of which are skating and archery.

Lukas Hastings, a freshman biochemistry student, also enjoys lots of hobbies. He enjoys reading poetry, listening to music, cruising, gaming and practicing personal care. He explained that he especially enjoys gaming.

"I have been gaming for more than ten years now. My father introduced me to it, but I quickly got my own liking to it," Hastings said. "My favorite games are strategic games that require critical thinking. While it's not a video game necessarily, my favorite game is chess."

Alexandra Gomez, a freshman exercise science student, enjoys many hobbies, including painting, listening to music, hanging out with friends and watching movies. Out of all the hobbies she enjoys doing, her favorite hobby is listening to music.

"I think music is powerful and it can be relaxing during stressful times. I also love being able to discover so many different songs and artists. My favorite part of listening to music is listening to old songs that remind me of old memories," Gomez said.

Gomez said she hopes to take on skateboarding as a new hobby, because she thinks it would be a fun

"I think music is powerful and it can be relaxing during stressful times. I also love being able to discover so many different songs and artists."

-Alexandra Gomez, freshman

and thrilling activity for her to try.

Morgan Howard, a senior public relations student, has a very interesting hobby, with her taking time to make all-natural whipped body butter. She started making it for herself but has since created a small business out of it.

"I'm really into all-natural skincare and I had problems with eczema. It's great for really dry skin and has helped me a lot. I fell in love with adding different natural ingredients and making different products. I also love adding different fragrances to make the butter smell great too. It's made out of three key butters: shea butter, mango butter and kokum butter. I also enjoy researching the different healing properties that each butter has," Howard said.

Howard said she enjoys making body butter because it helps her de-stress. With anxiety being a big issue in her life, as well as the lives of people around her, putting her focus and energy into something positive helps her greatly.

"It's humbling to know I can create something that promotes healing and put it out into the world," Howard said.

Marcus Powell, a senior political science student, enjoys many hob-

bies, which include reading, working out and researching different issues affecting minority groups. Out of all his hobbies, he spends the most time researching cases regarding issues affecting minority groups, injustices within the police department, among other current issues.

"I just like digging deeper and finding solutions for the justice system," Powell said. "It's a passion that I have. I love doing those types of things and being an aid to different people."

Powell hopes to take on two new hobbies: golf and chess.

"I would like to learn how to golf. The reason why is because it teaches you patience. I also want to learn how to play chess, because that's what life is all about. It's about knocking out those pieces and getting to where you need to go," Powell said.

With all the daily stresses of life, hobbies are a great way to relax and help better one's mental health.

Powell believes that a lot of people in today's society do not have hobbies and that is the main reason people find themselves bored, especially now with the pandemic limiting what we can do.

"I definitely think people should

have more hobbies to relieve their minds sometimes. Sometimes you need to give your mind a break because I know sometimes we, as students and as adults in general, overwhelm ourselves with different challenges. Sometimes you need to take that break and be able to relieve your mind and let it relax," Powell said.

Gomez agrees, stating that more people should make time for hobbies because they are a great way to relax and enjoy oneself, which is especially beneficial to students who need to de-stress due to school.

Howard shares a similar sentiment, explaining that hobbies can be beneficial both to you and to the people around you.

"It's important to have hobbies because it's alleviating when we take our minds off of our day-to-day stress and get into something we love," Howard said. "I encourage everyone to find a hobby. Experiment with different things you are passionate about. Your hobby could turn into something much bigger and help people along the way."

Kyara Morales-Rodriguez can be reached at 581-2812 or at knmoralesrodriguez@eiu.edu.

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program based on the name, General Studies. Interdisciplinary Studies provides a more nuanced name for the program."

"For students who choose to transition careers, the General Studies name may hamper their job hunting success, whereas the Interdisciplinary Studies name provides for greater recognition."

"Confusion around General Education and General Studies continues with the current program name. Interdisciplinary Studies would solve this issue."

The council will also vote on changing the language in the Communication Disorders and Sciences Honor Program catalog copy and admission requirements and for revisions for two CDS courses.

Two new course will also be voted on: Hispanic Cinema, Honors and Spanish Narrative & Film, Honors.

The rationale for the Hispanic Cinema, Honors course is "Students completing departmental honors in Spanish need regularly offered courses. Also, students completing University Honors and who major or minor in Spanish deserve to have honors course options in Spanish. There are currently no upper-division Spanish honors courses. Students have historically fulfilled honors requirements by completing honors-level projects in regular courses"

The rationale for the Spanish Narrative & Film, Honors course "Students admitted to Departmental Honors in Spanish need to take upper-division Honors courses. There are currently no such courses in the Department of World Languages and Cultures. So far, students have fulfilled these requirements by completing specially designed projects while taking regular courses."

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OPINIONS

The DAILY EASTERN NEWS
WWW.DAILYEASTERNNEWS.COM
Thursday, 01.14.2021

STAFF EDITORIAL

Trump's 2nd impeachment a significant event

With a vote on Wednesday, President Trump became the first president to be impeached twice.

In a presidency full of controversial moments and political turmoil, this massive development happens right near the end of Trump's term.

We at The Daily Eastern News want to be sure that people realize what a big deal this is, even if it seems like a blip on the radar among other things that Trump has done over the years.

The details of this second impeachment help reveal how significant it is.

The impeachment says that Trump was responsible for "incitement of insurrection" and posed a "clear and present danger" to the country if he is not reigned in during the final days of his term.

Hearing language like this used to describe a sitting president is alarming and no one should take it for granted.

The president is a person who is supposed to represent the American people and uphold the Constitution, and members of the government consider this president a dangerous force.

Another reason the impeachment stands out is that 10 Republican representatives joined with Democrats to vote for impeachment.

According to the Associated Press, this is the most bipartisan impeachment in American history.

For much of Trump's presidency, most Republicans have stood by his side, even risking or ruining their political careers to do so.

It is surprising to see some of them part with him now after siding with him for so long.

Regardless of the outcome of this impeachment, the fact that we have gotten this far twice in just 13 months is something that we will likely never see again.

COLUMN

Selfishness is upsetting to see during a pandemic

This past year has been incredibly tough on everyone, with the coronavirus pandemic affecting our day-to-day lives. People across the world have lost their jobs, homes or lives due to this deadly virus and the consequences of it spreading at the large scale it has.

With how badly coronavirus has ravaged the lives of everybody across the world, I am appalled to see how selfish some people are being right now.

Every time I check social media, I see celebrities and influencers traveling all around the world. I see photos of them walking around without masks. I see videos of them at large parties.

It's frustrating, especially when the photos and videos are of celebrities that I admire. It is angering to see how disconnected from reality they are that they act as if their money and fame can protect them from a deadly virus.

This frustration is not just held toward celebrities, because I have seen my own friends, family, class-



mates, etc. act completely recklessly and irresponsibly during this pandemic. It is so disappointing to see the same people preaching that this virus should be taken seriously by the very people who are not taking it seriously.

Since the pandemic has started, I have heard countless stories about the ways people I know and their loved ones have been affected by coronavirus. It is horrible to hear about all the pain and death in the lives of people I care about the most. While those people are being affected by the virus, we have this other group of people who act as if they are invincible.

The harsh truth, however, is that

nobody is invincible. Nobody is immune to this virus. I have heard of people who were not immunocompromised or anything but when they got the virus, it affected them so badly that they still have long-term health problems. I would not want that to happen to anybody I care about.

I saw this piece of advice online: If we want this pandemic to come to an end, we all have to act as if we are immunocompromised. By doing so, we can protect ourselves and those around us, especially those who are immunocompromised.

If we want this pandemic to end, we all need to be doing more to make sure we can reach some sense of normalcy. If you are tired of the regulations set to protect us from COVID-19, act responsibly. Then, when all this ends, you can do all the traveling and partying that you want.

Kyara Morales-Rodriguez is a junior English major. She can be reached at 581-2812 or knmoralesrodriguez@eiu.edu.

